

IGLFA RULES ON JEWELRY

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The following items of jewelry are to be removed prior to playing:

Earrings: - No earrings of any kind.

Facial Rings: - Any kind of jewelry around the eyes, nose or any other part of the face.

Bracelets: - All bracelets (including metal, rope, plastic, fabric...etc)

Medic Alert Bracelets: - May be worn but must be covered or padded in order to be safe for all players.

Necklaces: - All necklaces.

Body Piercing: - It is recommended that body piercing be removed.
If the item becomes visible then the referee will insist on the item being removed.

Watches: - Players are not allowed to wear any kind of watch.

Rings/Wedding Rings*: -The sole exception is a smooth band which the referee is convinced cannot be removed, and which poses no danger to any player (including themselves).

*If in the case of a raised surface on a ring that absolutely cannot be removed by the player, the ring must be adequately padded and the referee must be completely satisfied of its safety.

OTHER ITEMS

Beaded Hair: - If a player is wearing hair beads the hair must be tied in a bun or covered by a hair net. Loose beaded hair is not to be allowed.

Headwear: Religious clothing which is recognized by FIFA or the appropriate national football body in the country in which the tournament is being played in, will be permitted.

Headscarves: - Headscarves may only be worn by female players and:

- are the same colour as the jersey
- is in keeping with the professional appearance of the player's equipment
- is not attached to the jersey
- it does not pose any danger to the player wearing it or any other player (e.g. Opening/closing mechanism around neck)

For examples of the above headscarves, please refer to the following websites:

<https://www.capsters.com/> and <http://resporton.com/>

Hats: - No hats are allowed on the field of play with exception for goalkeepers using one made of a soft material such as a cycling hat as an eye shade.

Bandanas: - No bandanas are allowed.

Head & Wrist Sweatbands: - Sweatbands are allowed providing they are being used solely for the purpose of removing sweat.

Hair Bands: - Hair bands, rope or string tied around the head will not be allowed.
Please use pro-wrap.

Glasses/Spectacles: - Are allowed but would suggest the player consider wearing sports spectacles or contact lenses for the safety of themselves & others. No sunglasses are permitted unless they are prescription/corrective lenses.

Orthopaedic Supports e.g. Knee Braces: FIFA Circular 863 states that the vast majority of commercially manufactured supports are safe to use. The major concern is not the “hardness” of the equipment alone, rather it is whether any part of it can cut or wound another player. Any support must be safe for all players & adequately padded if necessary. If the player is allowed to play with the support and is observed by the referee to be “using it to gain any sort of an advantage” or in any means to intimidate an opponent they will be cautioned (yellow card) by the referee and given the choice to either remove the support or not take further part in the match.

Casts: NO HARD CASTS. Players wearing a soft cast will be permitted to play if the cast does not present a danger to anyone (including themselves):

- They must be adequately padded
- The referee will make the final decision as to the acceptability of any soft cast

Footwear: Referees are also to incorporate a footwear inspection into the pre-match safety check of players' equipment. Poorly maintained studs or blades on the sole of the boot can constitute a danger. When inspecting footwear, officials are to be alert to the possibility of the edge of the blades or studs developing rough areas on either the plastic or metal used in their construction. These burrs can become very sharp and have been the cause of lacerations to opponents. A referee who is concerned over the conditions of blades should refuse their use until such time as the unsafe condition has been removed.

Captains Armbands: Must be clearly distinguishable from the Colour used on the sleeves of the shirt of the Player and must be an Equipment item separate from the shirt.

Modern protective equipment such as headgear, facemasks, knee & arm protectors made of soft lightweight, padded material are not considered dangerous and are therefore permitted. (FIFA)

**Please note: If a player is asked by the referee, an assistant referee or any person that has been designated the responsibility to check players equipment/jewelry prior to the start of a match, proceeds to enter the field of play unlawfully, they will be cautioned and asked to leave the field. The player will not be allowed to return until the referee is satisfied of such removal or repair.*